

## **Delivered from Manic Depression**

The Lord has done so many great things for me through MZRF; it is very hard to know where to start. I guess if you were on the outside looking in you would think that I had it together. I was 27 at the time, I had graduated from college, landed a good job, lived in a luxury apartment, had a boyfriend, and very active in local mega church. Although everything looked good in the natural, I was a wreck spiritually.

A friend of mine had attended a bible study lead by Pastor Leon, and invited me to come, but I told her that she should be careful about attending bible study lead by people that she does not know. My friend attended the bible study anyway. She was excited about what she had learned, and shared some of the notes with me when we had talked. After I got off the phone with her I was convicted by the words that she spoke. She had no idea that I had been convicted by the words that she spoke. My friend thought that I was spiritual one. Over the next few weeks I began to look at my life and see that the way I was living was not lining up with the Word of God, and I needed to change.

At the moment when I realized I need to change that is when all hell broke loose. I lost my job, my luxury apartment, and my boyfriend. LITERALLY, I totally lost mind. I went CRAZY. I became depressed, anxious, and paranoid, lacked concentration, and suffered from insomnia. My friends, family, and pastor's at my mega church knew that something was not right. I was not acting like myself. The pastors at my local church recommended that I see a psychiatrist, so they took me to a Christian psychiatrist. He stated that I was not stable mentally, and that I either had manic depression, schizophrenia, or bipolar disorder or had me admitted to a psychiatric hospital. He put me on antipsychotic drugs. He said that I would need to be on them for at least one year. This was the darkest season of my whole life. But there is a God in heaven! During this time my friend introduced me to Pastor Leon, and she stated that she felt like he would be able to help me. She and I met with him at a local coffee shop, and when he met me he informed me that I had demons. Even though my mind was not completely sound I really wanted to serve God, but I knew that something was wrong with me and I wanted to be set free. So, my friend and I made arrangement for a time for me to go through deliverance. They spent two nights casting demons out of me. Within two weeks my mind was completely restored without antipsychotics. I know that the Word of God is true when it says, "For this reason the son of God was manifested, that He may destroy the works of the devil". Jesus came to set the captives free. Jesus is alive and forever He is alive. I write this testimony today with a sound mind.

Little did I know God had more blessing in store for me through MZRF. After going through my deliverance I started attending the bible study lead by Pastor Leon, where I was taught how to study the word of God, the importance of living HOLY and to walk in the fear of the Living God. I was raised by a single mother, and my father was never involved in my life, but I had prayed that God would send a father figure in my life, for guidance and direction. God has used Pastor Leon (who I fondly call Uncle Leon) to be that father figure in my life. During the bible studies, he would say, "you are young, beautiful and succesful, my job now is to prepare you for a

husband. You just need to live Holy, and wait on God to send you a godly husband". God did just that. At the bible studies I met my husband, a Man of God to the core. God is truly faithful, looking back now, at MZRF God has blessed me with a father and a husband. Halleluia!

Pastor Leon harped on matianing absolute sexual purity. In the past I always thought is was impossible to avoid premarital sex. I was celibate for a year and and my husband was seven years celibate. I never even kissed my husband until we said I do. When two people Fear God and set boundaries it is not impossible to maintain sexual purity in a relationship. While my husband and I were courting, we would meet at Starbucks, for bible studies that he would lead. However, most times he conducted the bible studies and prayers over the phone. It was powerful! It is the most exhilarating thing I have done with any man. We have been married for almost 4 years and he continues to be the spiritual head of our home, and I submit to his leadership. God has blessed us with a PEACEFUL home, LOVE for one another, a BEAUTIFUL daughter, and a GREAT church. I give God all the glory and praise for the Great things He has done in my life.

My life has been touched powerfully by this ministry in so many other ways that, I would write volumes if I were to name them one by one. I just cannot thank my Lord enough. I will always thank God that we still have men today who teach the true Word of God. May the LORD continue to use and bless Mount Zion Remnant Fellowship for his GLORY.

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